



January 27, 2023

# School News

## Sequim Middle School

Office Hours: 7:00-3:30 p.m.

Main Office 360-582-3500 Attendance 360-582-3503



### What do I need to know before the week starts: 1/30-2/3

#### Habitudes: Three Buckets

Three Buckets to help teach stress management. This lesson identifies behaviors effective leaders use in putting their tasks and responsibilities into one of three buckets: what is in their control, what is out of their control or what is within their influence. Once designated, their actions become clearer for each: initiate, trust or respond. Students will be challenged to think about our world to identify events or actions where the people involved (political figure, celebrity or public figure) may not have accurately identified which bucket the situation fell into.

#### Strategic Plan II

Last night the Superintendent challenged those in attendance to compare the past to the present through an analogy of car factories: silent black and white film from a Model-T assembly line to today's modern Tesla assembly line. Participants were asked to note the critical points that crossed over between these two videos of American technology and the people working within their cutting-edge technology. We then walked through with students, community members, parents and teachers what cross overs we should have when we think about the educational parts and pieces of the past and project ahead to support our youth in their future. The next opportunity for input in setting the path for Sequim Schools will be Thursday, February 9th at 6:00 PM.

### A week or more out...

#### Sports:

2/13: Basketball @ Neah Bay

2/15: Basketball vs. Blue Heron @ Sequim

#### Logistics:

2/20: President's Day—No School

### Housing Questionnaire

Our District seeks to improve the educational outcomes of students living with housing instability, or transition. In order to help our District identify students in need of extra support and resources, we release a 'Housing Questionnaire'. Students living with housing transition or instability are legally given educational rights by the State of Washington which could include increased access to resources, services, and support both in our schools and in our community. Please fill-out the '[Housing Questionnaire](#)' so our District can help every student succeed, and improve the outcomes of all.

#### Sports

1/30: Basketball @ Blue Heron

2/1: Basketball @ Forks

**Wrestling:** Sign ups now open. See Ms. Forshaw for paperwork or click [here](#) to download the forms. **Practice starts February 6th.**

#### Logistics:

1/31: Hi-Cap referral window closes

2/2: End of Term 2/Semester 1

2/3: **NO SCHOOL**

#### **CLUBS:**

**Mon: HOSA— Future Health Professionals, 2:45**

**Mon: Gamer Girls, 2:45-4:00**

**Tue: Timberwolves Thunder Drumline, 2:45-4:00**

**Tue: Art Club, 2:45-4:00**

**Tue: Tea with Taylor, 2:45-3:45**

**Wed: Hiking Club, 2:45-4:00**

**Wed: Woodwind & Brass Club, 2:45-4:00**

**Wed: NASA Science Club, 3:00-4:00**

**Thurs: Fly Fishing Club, 2:45-4:00**

**Thurs: Sequim Thunder Drumline (Advanced), 2:45-4:00**

**Thurs: Dungeons and Dragons Club, 3:00-5:00**

**Thurs: Game Club, 2:45-4:00**

**Thurs: TSA e-sports, 2:45-4:00**

### Next Week 2/6-2/10...

#### Sports:

2/6: Basketball vs. Stevens @ Sequim

2/6: Wrestling starts

2/8: Basketball vs. Chimacum @ Sequim

#### Logistics:

2/7 & 2/8: Vision and Hearing Screening (7th graders)

2/9: Strategic Planning, 6-7:30pm, Guy Coleman Center

2/10: OPA fundraiser—The Zaniac Comedy Show, SHS auditorium, 6PM. All are welcome! Purchase tickets [here](#).